



## INTERNATIONAL JUDO FEDERATION AIMS AND MISSIONS

The International Judo Federation is composed of National Judo Federations and Continental Unions. Each National Federation must be recognized as the sole federation authorized to represent its country in international sporting bodies by its Olympic Committee, which itself is duly recognized by the International Olympic Committee.

The major development of judo worldwide made it necessary to create Continental Unions. These Unions are in charge of implementing the policy of the International Judo Federation and the International Olympic Committee.

Judo was created in 1882 by Professor Jigoro Kano. As an educational method derived from the martial arts, judo became an official Olympic sport in 1964 (after being named as a demonstration sport at the 1940 Tokyo Olympic Games which were cancelled due to international conflict). Judo is a highly codified sport in which the mind controls the expression of the body and is a sport which contributes to educating individuals.



Beyond competitions and combat, judo involves technical research, practice of katas, self-defense work, physical preparation and sharpening of spirit.

As a discipline derived from ancestral traditions, judo was designed by its Master Founder as an eminently modern and progressive activity.

The International Judo Federation was incorporated in Ireland as a company limited by guarantee and as a non-profit organization.

In conformity with the decision of the Congress dated August 23, 2009, the International Judo Federation is now a non-profit Association under Swiss law with seat in Lausanne.

### VISION

Making Judo a leading Olympic sport accessible in all regions of the world, for all categories of the population and contribute to a better global society.

### MISSION

To spread the values of Judo throughout the world and inspire generations for a healthy life based on solid moral principles, to offer guidance and leadership for its stakeholders while preserving the integrity of the sport and of the athletes, as well as all its members and to organize entertaining events for fans and public for a better dissemination of the Judo principles.



## GOALS

The IJF has the following aims, without this constituting an exhaustive list:

- To promote cordial and friendly relations between its members, to uphold proper operating procedures of the member Federations and Unions to lead and organize judo activities throughout the world.
- To protect the interests of judo throughout the world.
- To organize IJF events, to supervise events organized by its members and to participate in the organization of Olympic events.
- To develop the practice of judo throughout the world for all categories of the population.
- To establish rules for practicing judo and the rules applicable to International competitions organized or recognized by the IJF.
- To improve the quality of judo training.
- To supervise the awarding of grades, including “dan” ranks, and their compliance with IJF rules.
- To promote the ideals and objectives behind the Olympic movement.

## OUR VALUES

As an organization: Universality/Leadership/Mutual Aid/Development/Innovation/

As a sport and life philosophy:



### JUDO MORAL CODE

POLITENESS (rei-gi)	It is respect for others
COURAGE (yû-ki)	It is doing what is right
SINCERITY (Sei-Jitsu)	This is to speak truthfully
HONOUR (mei-yo)	This is to be true to your word
MODESTY (ken-kyo)	This is to talk about yourself without arrogance or impatience
RESPECT (son-kei)	Without respect there is no trust
SELF CONTROL (ji-sei)	This is to remain silent when negative feelings rise
FRIENDSHIP (yû-jô)	This is the purest human feeling

## STRATEGY

The IJF strategy is focused around its main goals and vision.

Universality – spread the values of judo, increase the judo population around the globe, facilitate the participation to the sport of judo in all areas and layers of society.

Leadership and Innovation – ensure guidance and support to all its members, while offering athletes a strong performance structure, fans an unforgettable sporting experience and media a complete and accessible sporting product.

Mutual aid and development – support members where it is needed in order to improve the judo activity and develop the sport, actively monitoring and participating in judo activities to offer relief and a better life through judo and its values.

