



**IJF Anti Doping Rules 2009 approved by the IJF Congress October 21st 2008**  
**INTERNATIONAL JUDO FEDERATION ANTI-DOPING RULES**

TABLE OF CONTENTS

INTRODUCTION .....	2
PREFACE .....	2
Fundamental Rationale for the Code and IJF's Anti-Doping Rules .....	3
Scope.....	3
ARTICLE 1 DEFINITION OF DOPING.....	3
ARTICLE 2 ANTI-DOPING RULE VIOLATIONS.....	4
ARTICLE 3 PROOF OF DOPING .....	5
ARTICLE 4 THE PROHIBITED LIST .....	6
ARTICLE 5 TESTING .....	8
ARTICLE 6 ANALYSIS OF SAMPLES .....	10
ARTICLE 7 RESULTS MANAGEMENT .....	11
ARTICLE 8 RIGHT TO A FAIR HEARING .....	13
ARTICLE 9 AUTOMATIC DISQUALIFICATION OF INDIVIDUAL RESULTS ...	14
ARTICLE 10 SANCTIONS ON INDIVIDUALS.....	14
ARTICLE 11 CONSEQUENCES TO TEAMS .....	21
ARTICLE 12 SANCTIONS AND COSTS ASSESSED AGAINST NATIONAL FEDERATIONS.....	21
ARTICLE 13 APPEALS .....	22
ARTICLE 14 NATIONAL FEDERATIONS INCORPORATION OF IJF RULES, REPORTING AND RECOGNITION.....	24
ARTICLE 15 RECOGNITION OF DECISIONS BY OTHER ORGANISATIONS....	26
ARTICLE 16 STATUTE OF LIMITATIONS.....	26
ARTICLE 17 IJF COMPLIANCE REPORTS TO WADA.....	26
ARTICLE 18 AMENDMENT AND INTERPRETATION OF ANTI-DOPING RULES .....	26
APPENDIX 1 DEFINITIONS.....	28
APPENDIX 2 .....	33
ANNEX A .....	33
ANNEX B .....	34
ANNEX C .....	35



## INTRODUCTION

### Preface

The International Judo Federation condemns competitors' use of prohibited substances and prohibited methods for reasons of fairness and health. The fact is that use of such prohibited substances and prohibited methods creates risks to health, some of them immediate and others for the longer term.

Any competitor must disclose at registration with the IJF any positive test result for which he has been sanctioned by any National, Regional, Continental/Union or International Sports Organization, the IOC or any Governments or Governments Agencies.

The use of performance enhancing drugs ("dope") is strictly forbidden. A competitor who does not observe the regulations of the International Judo Federation (IJF) with respect to dope tests, or who is found to have been guilty of using such drugs, is sanctioned, disqualified from a competition and forbidden to participate in the World Championships, in the Olympic Games, in Continental Championships and in all international tournaments (according to the dispositions provided in articles 10.2 and 10.3).

Note : In the IJF Anti-Doping Rules, the masculine gender used in relation to any physical person (for example, names such as member, leader, official, participant, competitor, athlete, judge, referee, personnel, or pronouns such as he, they, them) shall, unless there is a specific provision to the contrary, be understood as including the feminine gender.

At the IJF Congress held on October 21st in Bangkok Thailand, IJF accepted the revised 2009 World Anti-Doping Code (the "Code"). These Anti-Doping Rules are adopted and implemented in conformance with IJF's responsibilities under the Code, and are in furtherance of IJF's continuing efforts to fight against doping in the sport of Judo and to prevent it. At the IJF Congress held on September 10th 2007 in Rio de Janeiro Brazil, IJF acknowledge the Olympic Movement Medical Code because it complements and reinforces the World Anti-Doping Code and reflects the general principles recognized in the international codes of medical ethics.

Anti-Doping Rules, like Competition rules, are sport rules governing the conditions under which sport is played. Athletes and other Persons accept these rules as a condition of participation and shall be bound by them. These sport-specific rules and procedures, aimed at enforcing anti-doping principles in a global and harmonized manner, are distinct in nature and, therefore, not intended to be subject to, or limited by any national requirements and legal standards applicable to criminal proceedings or employment matters.

When reviewing the facts and the law of a given case, all courts, arbitral tribunals and other adjudicating bodies should be aware of and respect the distinct nature of the anti-doping rules in the Code and the fact that these rules represent the consensus of a broad spectrum of stakeholders around the world with an interest in fair sport.



According to the previous decisions of the IJF EC and Congress, the IJF rules shall be updated systematically in order to comply with the Code applicable to all components of the Olympic Movement.

### **Fundamental Rationale for the Code and IJF's Anti-Doping Rules**

Anti-doping programs seek to preserve what is intrinsically valuable about sport. This intrinsic value is often referred to as "the spirit of sport"; it is the essence of Olympism; it is how we play true. The spirit of sport is the celebration of the human spirit, body and mind and is characterized by the following values:

- Ethics, fair play and honesty
- Health
- Excellence in performance
- Character and education
- Fun and joy
- Teamwork
- Dedication and commitment
- Respect for rules and laws
- Respect for self and other participants
- Courage
- Community and solidarity

Doping is fundamentally contrary to the spirit of sport.

### **Scope**

These Anti-Doping Rules shall apply to the IJF and each Participant in the activities of the IJF by virtue of the Participant's membership, accreditation, or participation in the IJF or their activities or Events.

The National Federation must guarantee that all athletes entered in international competitions, events organised by or under the auspices of the IJF accept the Rules of the IJF, including these IJF Anti-Doping Rules compiled in accordance with the World Anti-Doping Code and they respect the Acknowledgment and Agreement from APPENDIX 2.

IJF recommends each National Federation to ensure that all national-level Testing on the National Federation's Athletes complies with these Anti-Doping Rules.

These Anti-Doping Rules shall apply to all Doping Controls over which the IJF has jurisdiction.

## **ARTICLE 1 DEFINITION OF DOPING**

Doping is defined as the occurrence of one or more of the anti-doping rule violations set forth in Article 2.1 through Article 2.8 of these Anti-Doping Rules.

## **ARTICLE 2 ANTI-DOPING RULE VIOLATIONS**



The following constitute anti-doping rule violations:

Athletes and other Persons shall be responsible for knowing what constitutes an anti-doping rule violation and the substances and methods which have been included on the Prohibited List.

The following constitute anti-doping rule violations:

2.1 The presence of a Prohibited Substance or its Metabolites or Markers in an Athlete's bodily Specimen

2.1.1 It is each Athlete's personal duty to ensure that no Prohibited Substance enters his body. Athletes are responsible for any Prohibited Substance or its Metabolites or Markers found to be present in their bodily Specimens. Accordingly, it is not necessary that intent, fault, negligence or knowing Use on the Athlete's part be demonstrated in order to establish an anti-doping violation under Article 2.1.

2.1.2 Sufficient proof of an anti-doping rule violation under Article 2.1 is established by either of the following: presence of a Prohibited Substance or its Metabolites or Markers in the Athlete's A Sample where the Athlete waives analysis of the B Sample and the B Sample is not analyzed; or, where the Athlete's B Sample is analyzed and the analysis of the Athlete's B Sample confirms the presence of the Prohibited Substance or its Metabolites or Markers found in the Athlete's A Sample.

2.1.3 Excepting those substances for which a quantitative threshold is specifically identified in the Prohibited List, the presence of any quantity of a Prohibited Substance or its Metabolites or Markers in an Athlete's Sample shall constitute an anti-doping rule violation.

2.1.4 As an exception to the general rule of Article 2.1, the Prohibited List or International Standards may establish special criteria for the evaluation of Prohibited Substances that can also be produced endogenously.

2.2 Use or Attempted Use by an Athlete of a Prohibited Substance or a Prohibited Method

2.2.1 It is each Athlete's personal duty to ensure that no Prohibited Substance enters his or her body. Accordingly, it is not necessary that intent, fault, negligence or knowing Use on the Athlete's part be demonstrated in order to establish an anti-doping rule violation for Use of a Prohibited Substance or a Prohibited Method.

2.2.2 The success or failure of the Use of a Prohibited Substance or Prohibited Method is not material. It is sufficient that the Prohibited Substance or Prohibited Method was Used or Attempted to be Used for an anti-doping rule violation to be committed.

2.3 Refusing, or failing without compelling justification, to submit to Sample collection after notification as authorized in these Anti-Doping Rules or otherwise evading Sample collection.



2.4 Violation of applicable requirements regarding Athlete availability for Out-of-Competition Testing set out in the International Standard for Testing, including failure to file whereabouts information in accordance with Article 11.3 of the International Standard for Testing (a “Filing Failure”) and failure to be available for Testing at the declared whereabouts in accordance with Article 11.4 of the International Standard for Testing (a “Missed Test”). Any combination of three Missed Tests and/or Filing Failures committed within an eighteen-month period, as declared by the IJF or any other Anti-Doping Organization with jurisdiction over an Athlete, shall constitute an anti-doping rule violation.

2.5 Tampering, or Attempting to tamper, with any part of Doping Control.

2.6 Possession of Prohibited Substances and Methods

2.6.1 Possession by an Athlete In-Competition of any Prohibited Method or any Prohibited Substance, or Possession by an Athlete Out-of-Competition of any Prohibited Method or any Prohibited Substance which is prohibited in Out-of-Competition Testing unless the Athlete establishes that the Possession is pursuant to a therapeutic use exemption (“TUE”) granted in accordance with Article 4.4 (Therapeutic Use).

2.6.2 Possession by Athlete Support Personnel In-Competition of any Prohibited Method or any Prohibited Substance, or Possession by Athlete Support Personnel Out-of-Competition of any Prohibited Method or any Prohibited Substance which is prohibited Out-of-Competition, in connection with an Athlete, Competition or training, unless the Athlete Support Personnel establishes that the Possession is pursuant to a TUE granted to an Athlete in accordance with Article 4.4 (Therapeutic Use).

2.7 Trafficking or Attempted Trafficking in any Prohibited Substance or Prohibited Method.

2.8 Administration or Attempted administration to any Athlete In-Competition of any Prohibited Method or Prohibited Substance, or administration or Attempted administration to any Athlete Out-of-Competition of any Prohibited Method or any Prohibited Substance that is prohibited Out-of-Competition, or assisting, encouraging, aiding, abetting, covering up or any other type of complicity involving an anti-doping rule violation or any Attempted anti-doping rule violation.

## ARTICLE 3 PROOF OF DOPING

3.1 Burdens and Standards of Proof

The IJF will have the burden of establishing that an antidoping rule violation has occurred. The standard of proof shall be whether the IJF has established an anti-doping rule violation to the comfortable satisfaction of the Medical Commission bearing in



mind the seriousness of the allegation which is made. This standard of proof in all cases is greater than a mere balance of probability but less than proof beyond a reasonable doubt. Where these Rules place the burden of proof upon the Athlete or other Person alleged to have committed an anti-doping rule violation to rebut a presumption or establish specified facts or circumstances, the standard of proof shall be by a balance of probability, except as provided in Articles 10.4 and 10.6, where the Athlete must satisfy a higher burden of proof.

### 3.2 Methods of Establishing Facts and Presumptions

Facts related to anti-doping rule violations may be established by any reliable means, including admissions. The following rule of proof shall be applicable in doping cases:

3.2.1 WADA-accredited laboratories are presumed to have conducted Sample analysis and custodial procedures in accordance with the International Standard for laboratory. The Athlete or other Person may rebut this presumption by establishing that a departure from the International Standard occurred which could reasonably have caused the Adverse Analytical Finding. If the Athlete or other Person rebuts the preceding presumption by showing that a departure from the International Standard occurred which could reasonably have caused the Adverse Analytical Finding, then the IJF shall have the burden to establish that such departure did not cause the Adverse Analytical Finding.

3.2.2 Departures from any other International Standard or other anti-doping rule or policy which did not cause an Adverse Analytical Finding or other anti-doping rule violation shall not invalidate such results. If the Athlete or other Person establishes that a departure from another International Standard or other anti-doping rule or policy which could reasonably have caused the Adverse Analytical Finding or other anti-doping rule violation occurred, then the IJF shall have the burden to establish that such a departure did not cause the Adverse Analytical Finding or the factual basis for the anti-doping rule violation.

3.2.3 The facts established by a decision of a court or professional disciplinary tribunal of competent jurisdiction which is not the subject of a pending appeal shall be irrebuttable evidence against the Athlete or other Person to whom the decision pertained of those facts unless the Athlete or other Person establishes that the decision violated principles of natural justice.

3.2.4 The hearing panel (IJF Medical Commission) in a hearing on an anti-doping rule violation may draw an inference adverse to the Athlete or other Person who is asserted to have committed an anti-doping rule violation based on the Athlete's or other Person's refusal, after a request made in a reasonable time in advance of the hearing, to appear at the hearing (either in person or telephonically or email as directed by the tribunal) and to answer questions either from the hearing panel or from the International Judo Federation asserting the anti-doping rule violation.

## ARTICLE 4 THE PROHIBITED LIST



#### 4.1 Incorporation of the Prohibited List

These Anti-Doping Rules incorporate the Prohibited List which is published and revised by WADA as described in Article 4.1 of the Code. The Prohibited List in force is available on WADA's website at [www.wada-ama.org](http://www.wada-ama.org).

#### 4.2 Prohibited Substances and Prohibited Methods Identified on the Prohibited List

##### 4.2.1 Prohibited Substances and Prohibited Methods:

Unless provided otherwise in the Prohibited List and/or a revision, the Prohibited List and revisions shall go into effect under these Anti-Doping Rules three months after publication of the Prohibited List by WADA without requiring any further action by the IJF. As described in Article 4.2 of the Code, the IJF may request upon the recommendation of its Medical Commission that WADA expand the Prohibited List for the sport of Judo. The IJF may also request upon the recommendation of its Medical Commission that WADA include additional substances or methods, which have the potential for abuse in the sport of Judo, in the monitoring program described in Article 4.5 of the Code. As provided in the Code, WADA shall make the final decision on such requests by the IJF.

List are prohibited In-Competition. Out-of-Competition Use (Article 2.2) of a substance which is only prohibited In-Competition is not an anti-doping rule violation unless an Adverse Analytical Finding for the substance or its Metabolites is reported for a Sample collected In-Competition (Article 2.1).

There will be only one document called the "Prohibited List".

##### 4.2.2 Specified Substances

For purposes of the application of Article 10 (Sanctions on Individuals), all Prohibited Substances shall be "Specified Substances" except (a) substances in the classes of anabolic agents and hormones; and (b) those stimulants and hormone antagonists and modulators so identified on the Prohibited List. Prohibited Methods shall not be Specified Substances.

##### 4.2.3 New Classes of Prohibited Substances

In the event WADA expands the Prohibited List by adding a new class of Prohibited Substances in accordance with Article 4.1 of the Code, WADA's Executive Committee shall determine whether any or all Prohibited Substances within the new class of Prohibited Substances shall be considered Specified Substances under Article 4.2.2.

#### 4.3 Criteria for Including Substances and Methods on the Prohibited List

As provided in Article 4.3.3 of the Code, WADA's determination of the Prohibited Substances and Prohibited Methods that will be included on the Prohibited List and the classification of substances into categories on the Prohibited List is final and shall not be subject to challenge by an Athlete or other Person based on an argument that the substance or method was not a masking agent or did not have the potential to enhance performance, represent a health risk or violate the spirit of sport.



#### 4.4 Therapeutic Use

4.4.1 Athletes with a documented medical condition requiring the use of a Prohibited Substance or a Prohibited Method must first obtain a TUE. The presence of a Prohibited Substance or its Metabolites or Markers (Article 2.1), Use or Attempted Use of a Prohibited Substance or a Prohibited Method (Article 2.2), Possession of Prohibited Substances or Prohibited Methods (Article 2.6) or administration of a Prohibited Substance or Prohibited Method (Article 2.8) consistent with the provisions of an applicable TUE issued pursuant to the International Standard for Therapeutic Use Exemptions shall not be considered an anti-doping rule violation.

4.4.2 Subject to Article 4.4.3, Athletes included by the IJF in its Registered Testing Pool must obtain a TUE from the IJF. The application for a TUE must be made no later than 21 days before the Athlete's participation in the IJF Event.

4.4.3. TUE's granted by the IJF shall be reported to the Athlete through his National Federation and to WADA, by email.

4.4.4. Other Athletes subject to Testing who need to use a Prohibited Substance or a Prohibited Method for therapeutic reasons must obtain a TUE from their National Anti-Doping Organization or other body designated by their National Federation, as required under the rules of the National Anti-Doping Organization/other body. National Federations shall promptly report any such TUE's to the IJF and WADA.

4.4.5 The IJF Executive Committee appoints the IJF Medical Commission which will consider requests for TUE's and it will promptly evaluate such request in accordance with the International Standard for Therapeutic Use Exemptions and render a decision on such request, which shall be the final decision in the IJF.

4.4.6 WADA, at the request of an Athlete or on its own initiation, may review the granting or denial of any TUE by the IJF. If WADA determines that the granting or denial of a TUE did not comply with the International Standard for Therapeutic Use Exemptions in force at the time then WADA may reverse that decision. Decisions on TUE's are subject to further appeal as provided in Article 13.

### ARTICLE 5 TESTING

#### 5.1 Authority to Test

All Athletes under the jurisdiction of a National Federation shall be subject to In-Competition Testing by the IJF and its Unions, the Athlete's National Federation, and any other Anti-Doping Organization responsible for Testing at a Competition or Event in which they participate. All Athletes under the jurisdiction of a National Federation, including Athletes serving a period of ineligibility or a Provisional Suspension, shall also be subject to Out-of-Competition Testing at any time or place, with or without advance notice, by the IJF, its Unions, WADA, the Athlete's National Federation, the National Anti-Doping Organization of any country where the Athlete is present, the



IOC during the Olympic Games, and the IPC during Paralympic Games. Target Testing will be made a priority.

### 5.2 Responsibility for the IJF Testing

The IJF Medical Commission shall be responsible for drawing up a test distribution plan for Judo and for the implementation of that plan, including overseeing all Testing conducted by or on behalf of the IJF.

Testing may be supervised by members of the IJF Medical Commission or by other qualified persons so authorized by the IJF.

### 5.3 Testing Standards

Testing conducted by the IJF will be in substantial conformity with the International Standard for Testing in force at the time of Testing.

5.3.1 Blood (or other non-urine) Samples may be used to detect Prohibited Substances or Prohibited Methods, for screening procedure purposes, or for longitudinal hematological profiling (“the passport”). If the Sample is collected for screening only, it will have no consequences for the Athlete other than to identify him for a urine test under these antidoping rules. In these circumstances, the IJF may decide at its own discretion which blood parameters are to be measured in the screening Sample and what levels of those parameters will be used to indicate that an Athlete should be selected for a urine test. If however, the Sample is collected for longitudinal hematological profiling (“the passport”), it may be used for anti-doping purposes in accordance with Article 2.2 of the Code.

### 5.4 Coordination of Testing

The IJF will promptly report completed tests through the WADA clearinghouse to avoid unnecessary duplication in Testing.

### 5.5 Athlete Whereabouts Requirements

5.5.1 The IJF shall identify a Registered Testing Pool of those Athletes who are required to comply with the whereabouts requirements of the International Standard for Testing, and shall publish the criteria for Athletes to be included in this Registered Testing Pool as well as a list of the Athletes meeting those criteria for the period in question. The IJF shall review and update as necessary its criteria for including Athletes in its Registered Testing Pool, and shall revise the membership of its Registered Testing Pool from time to time as appropriate in accordance with the set criteria. Each Athlete in the Registered Testing Pool shall advise the IJF of his whereabouts and they shall update that information as necessary through his/her National Federation and National Antidoping Organisation.

5.5.3 An Athlete’s failure to be available for Testing at his/her declared whereabouts shall be deemed a Missed Test for purposes of Article 2.4 where the conditions of Article 11.4.3 of the International Standard for Testing are met.



5.5.4 Each National Federation shall also assist its National Anti-Doping Organization in establishing a national level Registered Testing Pool of top level national Athletes to whom the whereabouts requirements of the International Standard for Testing shall also apply. Those Athletes in the IJF's Registered Testing Pool will not be in its Unions and its National Federations RTP.

5.5.5 Whereabouts information provided pursuant to Articles 5.5.1 and 5.5.4 shall be shared with WADA and other Anti-Doping Organizations having jurisdiction to test an Athlete in accordance with Articles 11.7.1(d) and 11.7.3(d) of the International Standard for Testing, including the strict condition that it be used only for Doping Control purposes.

### 5.6 Retirement and Return to Competition

5.6.1 An Athlete who has been identified by the IJF for inclusion in the IJF's Registered Testing Pool shall continue to be subject to these Anti-Doping Rules, including the obligation to comply with the whereabouts requirements of the International Standard for Testing unless and until the Athlete gives written notice to the IJF that he has retired or until he no longer satisfies the criteria for inclusion in the IJF's Registered Testing Pool and has been so informed by the IJF. The Athlete will give this written notice to the IJF through his/her National Federation.

5.6.2 An Athlete who has given notice of retirement to the IJF may not resume competing unless he notifies the IJF at least three months before he expects to return to competition and makes him available for unannounced Out-of-Competition Testing, including (if requested) complying with the whereabouts requirements of the International Standard for Testing, at any time during the period before actual return to competition.

### 5.7 Selection of Athletes to be Tested

5.7.1 At Individual World Championships for seniors and juniors the anti-doping test check is carried out under the supervision either of the IJF Medical Commissioner or of a representative of the IJF Medical Commission for each weight category on three competitors:

- the first one is the championship winner,
- one of the three other medal-winning competitors chosen by lot.
- one of the 5th and 7th placed competitors chosen by lot.

At the World Championships by Team of Nations, the check is carried out on two members of each medal-winning team. The choice of the weight categories is made by lot.

At the World Championships for Cadets, Grand Slam and Grand Prix the anti-doping test check is carried out for each category on two competitors:

- gold medallist,
- one of the three other medallists, chosen by lot.



Note: at other International Tournaments organized by or carried out under the aegis of the IJF this arrangement may be modified according the agreement signed with IJF.

5.7.2 The process of drawing lots in order to determine the competitors to be checked is carried out by a small committee meeting at the initiative of the IJF Medical Commissioner for that event in question and the IJF Sports Director (or his substitute).

This committee consists of:

- the IJF Sports Director (or his substitute) – chairmen of the committee;
- by the IJF Medical Commissioner or by a representative of the IJF Medical Commission;
- the host country's Doping Control Officer.

The practical procedures relating to drawing lots are up either to by the IJF Medical Commissioner or by a representative of the IJF Medical Commission. The “draw” is made before the start of the “Final Block” of the competition (Final Block = Finals of Repechages, Final of Tables, third places and finals).

5.7.3 Athletes shall be selected for Out-of-Competition Testing by the WADA, IJF, by Unions and by National Federations through a process that substantially complies with the International Standard for Testing in force at the time of selection.

## ARTICLE 6 ANALYSIS OF SAMPLES

Doping Control Samples collected under these Anti-Doping Rules shall be analyzed in accordance with the following principles:

### 6.1 Use of Approved Laboratories

The IJF will send Doping Control Samples for analysis only to WADA-accredited laboratories.

### 6.2 Purpose of Collection and Analysis of Samples

Samples shall be analyzed to detect Prohibited Substances and Prohibited Methods identified on the Prohibited List and other substances as may be directed by WADA pursuant to the Monitoring Program described in Article 4.5 of the Code or to assist the IJF in profiling relevant parameters in an Athlete’s urine, blood or other matrix, including DNA or genomic profiling, for anti-doping purposes.

### 6.3 Research on Samples

No Sample may be used for any purpose other than as described in Article 6.2 without the Athlete's written consent. Samples used (with the Athlete’s consent) for purposes other than Article 6.2 shall have any means of identification removed such that they cannot be traced back to a particular Athlete.

### 6.4 Standards for Sample Analysis and Reporting



Laboratories shall analyze Doping Control Samples and report results (negative and /or positive) in conformity with the International Standard for Laboratories, in fourteen (14) days only and directly to the IJF (Annex C).

#### 6.5 Retesting Samples

A Sample may be reanalyzed for the purposes described in Article 6.2 at any time exclusively at the direction of the IJF or WADA. The circumstances and conditions for retesting Samples shall conform with the requirements of the International Standard for Laboratories.

6.6. The ADOs who collected the samples in IJF Competitions may keep a record of the Doping Control Form but the ADO will not receive the results from the laboratories. The Results Management will be done by IJF. The laboratories will send the results according the Annex C, only and directly to IJF.

### ARTICLE 7 RESULTS MANAGEMENT

#### 7.1 Results Management for Tests Initiated by the IJF

The IJF will do the Results Management for the IJF Competitions and for the IJF RTP Athletes.

7.1.1 The results from all analyses must be sent to the IJF, in encoded form, in a report signed by an authorised representative of the laboratory. All communication must be conducted in confidentiality.

7.1.2 Upon receipt of an A Sample Adverse Analytical Finding, the IJF Medical Commission shall conduct a review to determine whether: (a) the Adverse Analytical Finding is consistent with an applicable TUE, or (b) there is any apparent departure from the International Standard for Testing or International Standard for Laboratories that caused the Adverse Analytical Finding.

7.1.3 In the following circumstances:

(a) The Adverse Analytical Finding is for a Glucocorticosteroid, formoterol, salbutamol, salmeterol or terbutaline; and (b) The Sample in question was provided by an Athlete who is not in the IJF's Registered Testing Pool, during his participation in an International Event for which (in accordance with Article 7.13 of the International Standard for Therapeutic Use Exemptions and Article 4.4.3 of these Anti-Doping Rules the IJF does not require a TUE for asthma medication in advance; then, before the matter is referred to the IJF Medical Commission under Article 7.1, the Athlete shall be given an opportunity to apply to the TUE Committee for a Retroactive TUE in accordance with Article 7.13 of the International Standard for Therapeutic Use Exemptions. The result of that application shall be forwarded to the IJF Medical Commission for consideration in its review of the Adverse Analytical Finding under Article 7.1.2.

7.1.4 If the initial review of an Adverse Analytical Finding under Article 7.1.2 does not



reveal an applicable TUE, or departure from the International Standard for Testing or the International Standard for Laboratories that caused the Adverse Analytical Finding, the IJF shall promptly notify the Athlete through his/her National Federation of: (a) the Adverse Analytical Finding; (b) the anti-doping rule violated. The Athlete has 7 days to give to the IJF a written explanation for the first hearing. The IJF Medical Commission will analyze this first explanation and it will inform the Athlete through his/her National Federation about of: (a) the provisional suspension date, (b) the Athlete's right to promptly request the analysis of the B Sample or, failing such request, that the B Sample analysis may be deemed waived. If the Athlete will choose to request the analysis of the B sample he/she must return to the IJF the signed Annex B, in fourteen (14) days. The scheduled date, time and place for the B Sample analysis (which shall be within the time period specified in the International Standard for Laboratories but not more than 30 days from the IJF Second Notification) if the Athlete or the IJF chooses to request an analysis of the B Sample shall be established between the Athlete and the Laboratory. The IJF will be kept up to date with this process by the National Federation of the Athlete. The Athlete and/or the Athlete's representative and the representative of the IJF have the right to attend the B Sample opening and analysis at the scheduled date, time and place if such analysis is requested. The Athlete has the right to request from the laboratory copies of the A and B Sample laboratory documentation package which includes information as required by the International Standard for Laboratories. When the IJF has the result of the B sample, it will send the Third Notification to the Athlete through his/her National Federation and it will request an explanation for the hearing. The Athlete must answer in seven (7) days through his/her National Federation. This explanation must be translated in English and signed by the Athlete. The IJF Executive Committee will take the Final Decision at the recommendation of the IJF Medical Commission. The IJF shall also notify the WADA.

If the IJF decides not to bring forward the Adverse Analytical Finding as an anti-doping rule violation, it shall so notify the Athlete, through his/her National Federation and WADA.

7.1.5 Where requested by the Athlete or the IJF, arrangements shall be made for Testing the B Sample within the time period specified in the International Standard for Testing but not more than thirty (30) days from the IJF's Second Notification. An Athlete may accept the A Sample analytical results by waiving the requirement for B Sample analysis. In this case the Athlete must send to the IJF through his/her National Federation the signed Annex A, in fourteen (14) days from the IJF's Second Notification. The IJF may nonetheless elect to proceed with the B Sample analysis.

7.1.6 The Athlete and/or his representative shall be allowed to be present at the analysis of the B Sample within the time period specified in the International Standard for Laboratories, but not more than thirty (30) days from the IJF's Second Notification.

Also a representative of the Athlete's National Federation as well as a representative of the IJF shall be allowed to be present.



7.1.7 If the B Sample proves negative, then (unless the IJF takes the case forward as an anti-doping rule violation under Article 2.2) the entire test shall be considered negative and the Athlete, his National Federation, and the IJF shall be so informed.

7.1.8 If a Prohibited Substance or the Use of a Prohibited Method is identified, the findings shall be reported to the Athlete through his/her National Federation, the IJF and to WADA.

7.2 Results Management for Atypical Findings the IJF will act according the International Standard for Testing or International Standard for Laboratories that caused the Atypical Analytical Finding.

7.3 Results Management for Tests Initiated During Other International Events

Results management and the conduct of hearings from a test by the International Olympic Committee, the International Paralympic Committee, or a Major Event Organization, shall be managed, as far as sanctions beyond Disqualification from the Event or the results of the Event, by the IJF, according the previous agreement.

7.4 Results Management for Whereabouts Violations will be done by the IJF for the IJF RTP Athletes, according the WADA Code.

7.5 Provisional Suspensions

Provisional Suspension will start on the moment of the IJF's Second Notification. The Provisional Suspension may be included in the final suspension period. If the B Sample proves negative, then (unless the IJF takes the case forward as an anti-doping rule violation under Article 2.2) the entire test shall be considered negative and the Provisional Suspension will be end.

7.6 Retirement from Sport

If an Athlete or other Person retires while a results management process is underway, the IJF retains jurisdiction to complete its results management process. If an Athlete or other Person retires before any results management process has begun and the IJF would have had results management jurisdiction over the Athlete or other Person at the time the Athlete or other Person committed an anti-doping rule violation, the IJF has jurisdiction to conduct results management.

## ARTICLE 8 RIGHT TO A FAIR HEARING

8.1 Hearings arising out of IJF Testing or Tests at International Events

8.1.1 The IJF Executive appointed the IJF Medical Commission to manage the hearing process.



8.1.2. The Medical Commission will do the hearing by email and in English according to the WADA Code Article 24.1. After the IJF's First Notification, the Athlete will send to the IJF, through his/her National Federation, in seven (7) days, a signed explanation, in English. This explanation will be used for the hearing, for the Provisional Suspension. After the IJF's Third Notification, the Athlete will send to the IJF, through his/her National Federation, in seven (7) days, a written and signed explanation, in English. This explanation will be used for the hearing for the Final Decision.

8.1.3. IJF shall keep WADA fully apprised as to the status of pending cases and the result of all hearings.

8.2. Principles for a Fair Hearing: All hearings pursuant to Article 8.1 shall respect the following principles:

- a timely hearing – seven days after the IJF's First and Third Notifications;
- fair hearing body – IJF Medical Commission;
- the right to be fairly and timely informed of the asserted anti-doping rule violation – all the notifications and explanations will be sent through the National Federation;
- the right to respond to the asserted anti-doping rule violation and resulting Consequences – written and signed explanations, in English, through the National Federation;
- the right of each party to present written evidence – in English;

## ARTICLE 9 AUTOMATIC DISQUALIFICATION OF INDIVIDUAL RESULTS

A violation of these Anti-Doping Rules in connection with an In-Competition test automatically leads to Disqualification of the individual result obtained in that Competition with all resulting consequences, including forfeiture of any medals, points and prizes.

## ARTICLE 10 SANCTIONS ON INDIVIDUALS

10.1 Disqualification of Results in Event during which an Anti-Doping Rule Violation Occurs An Anti-Doping Rule violation occurring during or in connection with an Event may lead to Disqualification of all of the Athlete's individual results obtained in that Event with all consequences, including forfeiture of all medals, points and prizes, except as provided in Article 10.1.1.

10.1.1 If the Athlete establishes that he bears No Fault or Negligence for the violation, the Athlete's individual results in the other Competition shall not be Disqualified unless the Athlete's results in Competition other than the Competition in which the anti-doping rule violation occurred were likely to have been affected by the Athlete's anti-doping rule violation.



## 10.2 Ineligibility for Presence, Use or Attempted Use, or Possession of Prohibited Substances and Prohibited Methods

The period of Ineligibility imposed for a violation of Article 2.1 (Presence of Prohibited Substance or its Metabolites or Markers), Article 2.2 (Use or Attempted Use of Prohibited Substance or Prohibited Method) or Article 2.6 (Possession of Prohibited Substances and Methods) shall be as follows, unless the conditions for eliminating or reducing the period of Ineligibility, as provided in Articles 10.4 and 10.5, or the conditions for increasing the period of Ineligibility, as provided in Article 10.6, are met:  
First violation: Two (2) years' Ineligibility.

## 10.3 Ineligibility for Other Anti-Doping Rule Violations

The period of Ineligibility for violations of these Anti-Doping Rules other than as provided in Article 10.2 shall be as follows:

10.3.1 For violations of Article 2.3 (refusing or failing to submit to Sample collection) or Article 2.5 (Tampering with Doping Control), the Ineligibility period shall be two (2) years unless the conditions provided in Article 10.5, or the conditions provided in Article 10.6, are met.

10.3.2 For violations of Article 2.7 (Trafficking) or Article 2.8 (Administration of Prohibited Substance or Prohibited Method), the period of Ineligibility imposed shall be a minimum of four (4) years up to lifetime Ineligibility unless the conditions provided in Article 10.5 are met. An anti-doping rule violation involving a Minor shall be considered a particularly serious violation, and, if committed by Athlete Support Personnel for violations other than Specified Substances shall result in lifetime Ineligibility for such Athlete Support Personnel. In addition, significant violations of such Articles which also violate non-sporting laws and regulations, shall be reported to the competent administrative, professional or judicial authorities.

10.3.3 For violations of Article 2.4 (Filing Failures and/ or Missed Tests), the period of Ineligibility shall be at a minimum one (1) year and at a maximum two (2) years based on the Athlete's degree of fault.

## 10.4 Elimination or Reduction of the Period of Ineligibility for Specified Substances under Specific Circumstances

Where an Athlete or other Person can establish how a Specified Substance entered his body or came into his possession and that such Specified Substance was not intended to enhance the Athlete's sport performance or mask the use of a performance-enhancing substance, the period of Ineligibility found in Article 10.2 shall be replaced with the following:

First violation: At a minimum, a reprimand and no period of Ineligibility from future Events, and at a maximum, two (2) years of Ineligibility.

To justify any elimination or reduction, the Athlete or other Person must produce corroborating evidence in addition to his word which establishes to the comfortable satisfaction of the IJF Medical Commission and IJF Executive Committee the absence



of an intent to enhance sport performance or mask the use of a performance enhancing substance. The Athlete or other Person's degree of fault shall be the criterion considered in assessing any reduction of the period of Ineligibility.

## 10.5 Reduction of Period of Ineligibility Based on Exceptional Circumstances

### 10.5.1 No Fault or Negligence

If an Athlete establishes in an individual case that he bears No Fault or Negligence, the otherwise applicable period of Ineligibility shall be eliminated. When a Prohibited Substance or its Markers or Metabolites is detected in an Athlete's Sample in violation of Article 2.1 (presence of Prohibited Substance), the Athlete must also establish how the Prohibited Substance entered his system in order to have the period of Ineligibility eliminated. In the event this Article is applied and the period of Ineligibility otherwise applicable is eliminated, the anti-doping rule violation shall not be considered a violation for the limited purpose of determining the period of Ineligibility for multiple violations under Article 10.7.

### 10.5.2 No Significant Fault or Negligence

If an Athlete establishes in an individual case that he bears No Significant Fault or Negligence, then the period of Ineligibility may be reduced, but the reduced period of Ineligibility may not be less than one-half of the period of Ineligibility otherwise applicable. If the otherwise applicable period of Ineligibility is a lifetime, the reduced period under this section may be no less than 8 years. When a Prohibited Substance or its Markers or Metabolites is detected in an Athlete's Sample in violation of Article 2.1 (Presence of Prohibited Substance or its Metabolites or Markers), the Athlete must also establish how the Prohibited Substance entered his system in order to have the period of Ineligibility reduced.

### 10.5.3 Admission of an Anti-Doping Rule Violation in the Absence of Other Evidence

Where an Athlete or other Person voluntarily admits the commission of an anti-doping rule violation before having received notice of a Sample collection which could establish an anti-doping rule violation (or, in the case of an anti-doping rule violation other than Article 2.1, before receiving first notice of the admitted violation pursuant to Article 7) and that admission is the only reliable evidence of the violation at the time of admission, then the period of Ineligibility may be reduced, but not below one-half of the period of Ineligibility otherwise applicable.

### 10.5.4 Where an Athlete or Other Person Establishes Entitlement to Reduction in Sanction under More than One Provision of this Article

Before applying any reductions under Articles 10.5.2 or 10.5.3, the otherwise applicable period of Ineligibility shall be determined in accordance with Articles 10.2, 10.3, 10.4 and 10.6. If the Athlete or other Person establishes entitlement to a reduction of the period of Ineligibility under two or more of Articles 10.5.2, 10.5.3 or 10.5.4, then the period of Ineligibility may be reduced, but not below one-quarter of the otherwise applicable period of Ineligibility.



### 10.5.5 Substantial Assistance in Discovering or Establishing Anti-Doping Rule Violations

The IJF Executive Committee may, prior to a final appellate decision under Article 13 or the expiration of the time to appeal, suspend a part of the period of Ineligibility imposed in an individual case where the Athlete or other Person has provided Substantial Assistance to an Anti-Doping Organization, criminal authority or professional disciplinary body which results in the Anti-Doping Organization discovering or establishing an anti-doping rule violation by another Person or which results in a criminal or disciplinary body discovering or establishing a criminal offence or the breach of professional rules by another Person. After a final appellate decision under Article 13 or the expiration of time to appeal, the IJF may only suspend a part of the applicable period of Ineligibility with the approval of WADA. The extent to which the otherwise applicable period of Ineligibility may be suspended shall be based on the seriousness of the anti-doping rule violation committed by the Athlete or other Person and the significance of the Substantial Assistance provided by the Athlete or other Person to the effort to eliminate doping in sport. No more than three-quarters of the otherwise applicable period of Ineligibility may be suspended. If the otherwise applicable period of Ineligibility is a lifetime, the non-suspended period under this Article must be no less than 8 years. If the IJF suspends any part of the period of Ineligibility under this Article, it shall promptly provide a written justification for its decision to each Anti-Doping Organization having a right to appeal the decision. If the IJF subsequently reinstates any part of the suspended period of Ineligibility because the Athlete or other Person has failed to provide the Substantial Assistance which was anticipated, the Athlete or other Person may appeal the reinstatement pursuant to Article 13.2.

### 10.6 Aggravating Circumstances Which May Increase the Period of Ineligibility

If the IJF establishes in an individual case involving an anti-doping rule violation other than violations under Article 2.7 (Trafficking) and 2.8 (Administration) that aggravating circumstances are present which justify the imposition of a period of Ineligibility greater than the standard sanction, then the period of Ineligibility otherwise applicable shall be increased up to a maximum of four years unless the Athlete or other Person can prove to the comfortable satisfaction of the IJF Medical Commission that he did not knowingly violate the anti-doping rule.

An Athlete or other Person can avoid the application of this Article by admitting the antidoping rule violation as asserted promptly after being confronted with the anti-doping rule violation by the IJF.

### 10.7 Multiple Violations

#### 10.7.1 Second Anti-Doping Rule Violation

For an Athlete's or other Person's first anti-doping rule violation, the period of Ineligibility is set forth in Articles 10.2 and 10.3 (subject to elimination, reduction or



suspension under Articles 10.4 or 10.5, or to an increase under Article 10.6). For a second anti-doping rule violation the period of Ineligibility shall be within the range set forth in the table below.

Second Violation \ First Violation	RS	FFMT	NSF	St	AS	TRA
RS	1-4	2-4	2-4	4-6	8-10	10-life
FFMT	1-4	4-8	4-8	6-8	10-life	life
NSF	1-4	4-8	4-8	6-8	10-life	life
St	2-4	6-8	6-8	8-life	life	life
AS	4-5	10-life	10-life	life	life	life
TRA	8-life	life	life	life	life	Life

Definitions for purposes of the second anti-doping rule violation table:

- RS (Reduced sanction for Specified Substance under Article 10.4): The anti-doping rule violation was or should be sanctioned by a reduced sanction under Article 10.4 because it involved a Specified Substance and the other conditions under Article 10.4 were met.
- FFMT (Filing Failures and/or Missed Tests): The anti-doping rule violation was or should be sanctioned under Article 10.3.3 (Filing Failures and/or Missed Tests).
- NSF (Reduced sanction for No Significant Fault or Negligence): The anti-doping rule violation was or should be sanctioned by a reduced sanction under Article 10.5.2 because No Significant Fault or Negligence under Article 10.5.2 was proved by the Athlete.
- St (Standard sanction under Articles 10.2 or 10.3.1): The anti-doping rule violation was or should be sanctioned by the standard sanction of two years under Article 10.2 or 10.3.1.
- AS (Aggravated sanction): The anti-doping rule violation was or should be sanctioned by an aggravated sanction under Article 10.6 because the Anti-Doping Organization established the conditions set forth under Article 10.6.
- TRA (Trafficking or Attempted Trafficking and administration or Attempted administration): The antidoping rule violation was or should be sanctioned by a sanction under Article 10.3.2.

#### 10.7.2 Application of Articles 10.5.3 and 10.5.4 to Second Anti-Doping Rule Violation

Where an Athlete or other Person who commits a second anti-doping rule violation establishes entitlement to suspension or reduction of a portion of the period of Ineligibility under Article 10.5.3 or Article 10.5.4, the IJF Medical Commission shall first determine the otherwise applicable period of Ineligibility within the range established in the table in Article 10.7.1, and then apply the appropriate suspension or reduction of the period of Ineligibility. The remaining period of Ineligibility, after



applying any suspension or reduction under Articles 10.5.3 and 10.5.4, must be at least one-fourth of the otherwise applicable period of Ineligibility.

#### 10.7.3 Third Anti-Doping Rule Violation

A third anti-doping rule violation will always result in a lifetime period of Ineligibility, except if the third violation fulfills the condition for elimination or reduction of the period of Ineligibility under Article 10.4 or involves a violation of Article 2.4 (Filing Failures and/or and Missed Tests). In these particular cases, the period of Ineligibility shall be from eight (8) years to life ban.

#### 10.7.4 Additional Rules for Certain Potential Multiple Violations

- For purposes of imposing sanctions under Article 10.7, an anti-doping rule violation will only be considered a second violation if the IJF can establish that the Athlete or other Person committed the second anti-doping rule violation after the Athlete or other Person received notice pursuant to Article 7 (Results Management), or after IJF made reasonable efforts to give notice, of the first anti-doping rule violation; if the IJF cannot establish this, the violations shall be considered together as one single first violation, and the sanction imposed shall be based on the violation that carries the more severe sanction; however, the occurrence of multiple violations may be considered as a factor in determining Aggravating Circumstances (Article 10.6).
- If, after the resolution of a first anti-doping rule violation, the IJF discovers facts involving an antidoping rule violation by the Athlete or other Person which occurred prior to notification regarding the first violation, then the IJF shall impose an additional sanction based on the sanction that could have been imposed if the two violations would have been adjudicated at the same time. Results in all Competitions dating back to the earlier anti-doping rule violation will be Disqualified as provided in Article 10.8. To avoid the possibility of a finding of Aggravating Circumstances (Article 10.6) on account of the earlier in-time but later-discovered violation, the Athlete or other Person must voluntarily admit the earlier antidoping rule violation on a timely basis after notice of the violation for which he is first charged. The same rule shall also apply when the IJF discovers facts involving another prior violation after the resolution of a second anti-doping rule violation.

#### 10.7.5 Multiple Anti-Doping Rule Violations during an Eight-Year Period

For purposes of Article 10.7, each anti-doping rule violation must take place within the same eight (8) year period in order to be considered multiple violations.

#### 10.8 Disqualification of Results in Competitions Subsequent to Sample Collection or Commission of an Anti-Doping Rule Violation

In addition to the automatic Disqualification of the results in the Competition which produced the positive Sample under Article 9 (Automatic Disqualification of Individual Results), all other competitive results obtained from the date a positive Sample was collected (whether In-Competition or Out-of-Competition), or other anti-doping rule violation occurred, through the commencement of any Provisional Suspension or



Ineligibility period, shall, unless fairness requires otherwise, be Disqualified with all of the resulting consequences including forfeiture of any medals, points and prizes.

10.8.1 As a condition of regaining eligibility after being found to have committed an anti-doping rule violation, the Athlete must first repay all prize money forfeited under this Article.

10.8.2 Allocation of Forfeited Prize Money.

Forfeited prize money shall be allocated first to reimburse the collection expenses incurred by the Anti-Doping Organization in order to perform the necessary steps to collect the prize money back, then to reimburse the expenses incurred by the Anti-Doping Organization in order to conduct results management in the case, with the balance, if any, allocated in accordance with the IJF's specific rules.

10.9 Commencement of Ineligibility Period

Except as provided below, the period of Ineligibility shall start on the date of the IJF EC decision providing for Ineligibility or, if the hearing is waived, on the date Ineligibility is accepted or otherwise imposed.

10.9.1 Delays Not Attributable to the Athlete or other Person

Where there have been substantial delays in the hearing process or other aspects of Doping Control not attributable to the Athlete or other Person, the IJF may start the period of Ineligibility at an earlier date commencing as early as the date of Sample collection or the date on which another anti-doping rule violation last occurred.

10.9.2 Timely Admission

Where the Athlete promptly (which, in all events, means before the Athlete competes again) admits the anti-doping rule violation after being confronted with the anti-doping rule violation by the IJF, the period of Ineligibility may start as early as the date of Sample collection or the date on which another anti-doping rule violation last occurred. In each case, however, where this Article is applied, the Athlete or other Person shall serve at least one-half of the period of Ineligibility going forward from the date the Athlete or other Person accepted the imposition of a sanction, the date of a hearing decision imposing a sanction, or the date the sanction is otherwise imposed.

10.9.3 If a Provisional Suspension is imposed and respected by the Athlete, then the Athlete shall receive a credit for such period of Provisional Suspension against any period of Ineligibility which may ultimately be imposed.

10.9.4 If an Athlete voluntarily accepts a Provisional Suspension in writing from the IJF and thereafter refrains from competing, the Athlete shall receive a credit for such period of voluntary Provisional Suspension against any period of Ineligibility which may ultimately be imposed. A copy of the Athlete's voluntary acceptance of a Provisional Suspension shall be provided promptly to each party entitled to receive notice of a potential anti-doping rule violation under Article 14.1.

10.9.5 No credit against a period of Ineligibility shall be given for any time period before the effective date of the Provisional Suspension or voluntary Provisional



Suspension regardless of whether the Athlete elected not to compete or was suspended by his team.

## 10.10 Status During Ineligibility

### 10.10.1 Prohibition against Participation during Ineligibility

No Athlete or other Person who has been declared Ineligible may, during the period of Ineligibility, participate in any capacity in an Event or activity (other than authorized anti-doping education or rehabilitation programs) authorized or organized by the IJF or any National Federation or a club or other member organization of the IJF or any National Federation, or in Competitions authorized or organized by any professional league or any international or national level Event organization.

An Athlete or other Person subject to a period of Ineligibility longer than four years may, after completing four years of the period of Ineligibility, participate in local sport events in a sport other than sports subject to the jurisdictions of the IJF, its Unions and its National Federations, but only so long as the local sport event is not at a level that could otherwise qualify such Person directly or indirectly to compete in (or accumulate points toward) a national championship or International Event.

An Athlete or other Person subject to a period of Ineligibility shall remain subject to Testing.

### 10.10.2 Violation of the Prohibition of Participation during Ineligibility

Where an Athlete or other Person who has been declared Ineligible violates the prohibition against participation during Ineligibility described in Article 10.10.1, the results of such participation shall be disqualified and the period of Ineligibility which was originally imposed shall start over again as of the date of the violation. The new period of Ineligibility may be reduced under Article 10.5.2 if the Athlete or other Person establishes he bears No Significant Fault or Negligence for violating the prohibition against participation. The determination of whether an Athlete or other Person has violated the prohibition against participation, and whether a reduction under Article 10.5.2 is appropriate, shall be made by the IJF.

### 10.10.3 Withholding of Financial Support during Ineligibility

In addition, for any anti-doping rule violation not involving a reduced sanction for Specified Substances as described in Article 10.4, some or all sport-related financial support or other sport-related benefits received by such Person will be withheld by the IJF, its Unions and its National Federations.

## 10.11 Reinstatement Testing

As a condition to regaining eligibility at the end of a specified period of Ineligibility, an Athlete must, during any period of Provisional Suspension or Ineligibility, make him available for Out-of-Competition Testing by the IJF, the applicable National Federation, and any other Anti-Doping Organization having Testing jurisdiction, and must comply with the whereabouts requirements of Article 11 of the International Standard for Testing. During the period of Ineligibility, a minimum of 2 tests must be conducted on



the Athlete with at least three months between each test. The Athlete will cover the expenses of these tests. If an Athlete subject to a period of Ineligibility retires from sport and is removed from Out-of-Competition Testing pools and later seeks reinstatement, the Athlete shall not be eligible for reinstatement until the Athlete has notified the IJF and the applicable National Federation and has been subject to Out-of-Competition Testing for a period of time equal to the period of Ineligibility remaining as of the date the Athlete had retired.

During such remaining period of Ineligibility, a minimum of 2 tests must be conducted on the Athlete with at least three months between each test. The National Federation shall be responsible for conducting the necessary tests, but tests by any Anti-Doping Organization may be used to satisfy the requirement. The results of such tests shall be reported to the IJF. Once the period of an Athlete's Ineligibility has expired, and the Athlete has fulfilled the conditions of reinstatement, then the Athlete will become automatically re-eligible and no application by the Athlete or by the Athlete's National Federation will then be necessary.

10. 12 Imposition of Financial Sanctions is the matter of the IJF EC.

However, no financial sanction may be considered a basis for reducing the period of Ineligibility or other sanction which would otherwise be applicable under the Code.

## ARTICLE 11 CONSEQUENCES TO TEAMS

11.1 If a member of a team is found to have committed a violation of these Anti-Doping Rules during Team Championships, the results of the Athlete committing the violation will be subtracted from the team result and possible change in the ranking may occur. If two members are found to have committed a violation of these Anti-Doping Rules, the concerned team will be disqualified.

## ARTICLE 12 SANCTIONS AND COSTS ASSESSED AGAINST NATIONAL FEDERATIONS

12.1 The IJF Executive Committee has the authority to withhold some or all funding or other non financial support to National Federations that are not in compliance with these Anti-Doping Rules.

12.2 National Federations shall be obligated to reimburse the IJF for all costs (including but not limited to laboratory fees, hearing expenses and travel) related to a violation of these Anti-Doping Rules committed by an Athlete or other Person affiliated with that National Federation.



12.3 The IJF may elect to take additional disciplinary action against National Federations with respect to recognition, the eligibility of its officials and athletes to participate in International Events and fines based on the following:

12.3.1 Four or more violations of these Anti-Doping Rules (other than violations involving Articles 2.4 and 10.3) are committed by Athletes or other Persons affiliated with a National Federation within a 12-month period in testing conducted by the IJF or Anti-Doping Organizations other than the National Federation or its National Anti-Doping Organization.

In such event the IJF may in its discretion elect to: (a) ban all officials from that National Federation for participation in any IJF activities for a period of up to two years and/or (b) fine the National Federation in an amount up to \$ 20.000 (twenty thousand U.S. Dollars).

(For purposes of this Rule, any fine paid pursuant to Rule 12.3.2 shall be credited against any fine assessed.)

12.3.1.1 If four or more violations of these Anti-Doping Rules (other than violations involving Articles 2.4 and 10.3) are committed in addition to the violations described in Article 12.3.1 by Athletes or other Persons affiliated with a National Federation within a 12-month period in testing conducted by the IJF or Anti-Doping Organizations other than the National Federation or its National Anti-Doping Organization, then the IJF may suspend that National Federation's membership for a period of up to 4 years.

12.3.2 More than one Athlete or other Person from a National Federation commits an Anti-Doping Rule violation during an International Event. In such event IJF may fine that National Federation in an amount up to \$ 10.000 (ten thousand) U.S. Dollars.

12.3.3 A National Federation has failed to make diligent efforts to keep the IJF informed about an Athlete's whereabouts after receiving a request for that information from the IJF. In such event the IJF may fine the National Federation in an amount up to \$ 5.000 (Five thousand) U.S. Dollars per Athlete in addition to all of the IJF costs incurred in Testing that National Federation's Athletes.

## ARTICLE 13 APPEALS

### 13.1 Decisions Subject to Appeal

Decisions made under these Anti-Doping Rules may be appealed as set forth below in Article 13.2 through 13.4 or as otherwise provided in these Anti-Doping Rules. Such decisions shall remain in effect while under appeal unless the appellate body orders otherwise. Before an appeal is commenced, any post-decision review authorized in these rules must be exhausted (except as provided in Article 13.1.1).

#### 13.1.1 WADA Not Required to Exhaust Internal Remedies

Where WADA has a right to appeal under Article 13 and no other party has appealed a final decision within the IJF process, WADA may appeal such decision directly to CAS without having to exhaust other remedies in the IJF process.



### 13.2 Appeals from Decisions Regarding Anti-Doping Rule Violations, Consequences, and Provisional Suspensions

A decision that an anti-doping rule violation was committed, a decision imposing Consequences for an anti-doping rule violation, or a decision that no anti-doping rule violation was committed; a decision that an anti-doping rule violation proceeding cannot go forward for procedural reasons (including, for example, prescription); a decision under Article 10.10.2 (prohibition of participation during Ineligibility); a decision that the IJF lacks jurisdiction to rule on an alleged anti-doping rule violation or its Consequences; a decision by any National Federation not to bring forward an Adverse Analytical Finding or an Atypical Finding as an anti-doping rule violation, or a decision not to go forward with an anti-doping rule violation after an investigation under Article 7.4; and a decision to impose a Provisional Suspension as a result of a Provisional Hearing or otherwise in violation of Article 7.4 may be appealed exclusively as provided in this Article 13.2.

Notwithstanding any other provision herein, the only Person that may appeal from a Provisional Suspension is the Athlete or other Person upon whom the Provisional Suspension is imposed.

#### 13.2.1 Appeals Involving International-Level Athletes

In cases arising from competition in an International Event or in cases involving International-Level Athletes, the decision may be appealed exclusively to CAS in accordance with the provisions applicable before such court.

#### 13.2.2 Appeals Involving National-Level Athletes

The IJF's rights of appeal with respect to these cases are set forth in Article 13.2.3 below.

#### 13.2.3 Persons Entitled to Appeal

In cases under Article 13.2.1, the following parties shall have the right to appeal to CAS: (a) the Athlete or other Person who is the subject of the decision being appealed; (b) the other party to the case in which the decision was rendered; (c) the IJF and any other Anti-Doping Organization under whose rules a sanction could have been imposed; (d) the International Olympic Committee or International Paralympic Committee, as applicable, where the decision may have an effect in relation to the Olympic Games or Paralympic Games, including decisions affecting eligibility for the Olympic Games or Paralympic Games; and (e) WADA. In cases under Article 13.2.2, the parties having the right to appeal to the national-level reviewing body shall be as provided in the National Federation's rules but, at a minimum, shall include the following parties: (a) the Athlete or other Person who is the subject of the decision being appealed; (b) the other party to the case in which the decision was rendered; (c) the IJF; and (d) WADA. For cases under Article 13.2.2, WADA and the IJF shall also have the right to appeal to CAS with respect to the decision of the national-level reviewing body.

### 13.3 Appeals from Decisions Granting or Denying a Therapeutic Use Exemption



Decisions by WADA reversing the grant or denial of a TUE may be appealed exclusively to CAS by the Athlete or the Anti-Doping Organization whose decision was reversed. Decisions by Anti-Doping Organizations other than WADA denying TUE's, which are not reversed by WADA, may be appealed by International-Level Athletes to CAS and by other Athletes to the national level reviewing body described in Article 13.2.2. If the national level reviewing body reverses the decision to deny a TUE, that decision may be appealed to CAS by WADA.

When IJF, National Anti-Doping Organizations or other bodies designated by National Federations fail to take action on a properly submitted TUE application within a reasonable time, their failure to decide may be considered a denial for purposes of the appeal rights provided in this Article.

#### 13.4 Appeal from Decisions Pursuant to Article 12

Decisions by the IJF pursuant to Article 12 may be appealed exclusively to CAS by the National Federation.

#### 13.5 Failure to Render a Timely Decision by IJF and its National Federations

Where, in a particular case, IJF fails to render a decision with respect to whether an anti-doping rule violation was committed within a reasonable deadline set by WADA, WADA may elect to appeal directly to CAS as if IJF had rendered a decision finding no anti-doping rule violation. If the CAS hearing panel determines that an anti-doping rule violation was committed and that WADA acted reasonably in electing to appeal directly to CAS, then WADA's costs and attorneys fees in prosecuting the appeal shall be reimbursed to WADA by IJF.

Where, in a particular case, National Judo Federations fail to render a decision with respect to whether an anti-doping rule violation was committed within a reasonable deadline set by WADA, WADA and/or IJF may elect to appeal directly to CAS as if National Judo Federations had rendered a decision finding no anti-doping rule violation. If the CAS hearing panel determines that an anti-doping rule violation was committed and that WADA and/or IJF acted reasonably in electing to appeal directly to CAS, then WADA's and/or IJF's costs and attorneys fees in prosecuting the appeal shall be reimbursed to WADA and/or IJF by National Judo Federations.

#### 13.6 Time for Filing Appeals

The time to file an appeal to CAS shall be twenty-one (21) days from the date of receipt of the decision by the appealing party. The above notwithstanding, the following shall apply in connection with appeals filed by a party entitled to appeal but which was not a party to the proceedings having lead to the decision subject to appeal:

- a) Within ten (10) days from notice of the decision, such party/ies shall have the right to request from the body having issued the decision a copy of the file on which such body relied;
- b) If such a request is made within the ten-day period, then the party making such request shall have twenty-one (21) days from receipt of the file to file an appeal to CAS.



The above notwithstanding, the filing deadline for an appeal or intervention filed by WADA shall be the later of:

- (a) Twenty-one (21) days after the last day on which any other party in the case could have appealed, or
- (b) Twenty-one (21) days after WADA's receipt of the complete file relating to the decision.

## ARTICLE 14 NATIONAL FEDERATIONS' INCORPORATION OF the IJF RULES, REPORTING AND RECOGNITION

### 14.1 Incorporation of the IJF Anti-Doping Rules

All National Federations shall comply with these Anti-Doping Rules. These Anti-Doping Rules shall also be incorporated either directly or by reference into each National Federations Rules. All National Federations shall include in their regulations the procedural rules necessary to effectively implement these Anti-Doping Rules. Notwithstanding whether or not the required form has been signed, the Rules of each National Federation shall specifically provide that all Athletes, Athlete Support Personnel and other Persons under the jurisdiction of the National Federation shall be bound by these Anti-Doping Rules.

### 14.2 Statistical Reporting

14.2.1 National Federations shall report to the IJF at the end of every year results of all Doping Controls within their jurisdiction sorted by Athlete and identifying each date on which the Athlete was tested, the entity conducting the test, and whether the test was In-Competition or Out-of-Competition. The IJF may periodically publish Testing data received from National Federations as well as comparable data from Testing under the IJF's jurisdiction.

14.2.2 The IJF shall publish annually a general statistical report of its Doping Control activities during the calendar year with a copy provided to WADA.

### 14.3 Doping Control Information Clearinghouse

When a National Federation has received an Adverse Analytical Finding on one of its Athletes it shall report the following information to the IJF and WADA within fourteen (14) days: the Athlete's name, country, sport and discipline within the sport, whether the test was In-Competition or Out-of-Competition, the date of Sample collection and the analytical result reported by the laboratory. The National Federation shall also regularly update the IJF and WADA on the status and findings of any review or proceedings conducted pursuant to Results Management, Right to a Fair Hearing or Appeals, and comparable information shall be provided to the IJF and WADA within 14 days of the notification, with respect to other violations of these Anti-Doping Rules. In any case in which the period of Ineligibility is eliminated under Article 10.5.1 (No Fault or Negligence) or reduced under Article 10.5.2 (No Significant Fault or Negligence),



the IJF and WADA shall be provided with a written reasoned decision explaining the basis for the elimination or reduction.

Neither the IJF nor WADA shall disclose this information beyond those persons within their organisations with a need to know until the National Federation has made public disclosure or has failed to make public disclosure as required in Article 14.4 below.

#### 14.4 Public Disclosure

14.1.1. The IJF shall take the necessary steps to make sure that the Athlete will not participate on its events.

14.4.1 The IJF shall not publicly identify Athletes whose Samples have resulted in Adverse Analytical Findings, or who were alleged to have violated other Articles of these Anti-Doping Rules until it has been determined in a hearing in accordance with Article 8 that an anti-doping rule violation has occurred, or such hearing has been waived, or the assertion of an anti-doping rule violation has not been timely challenged or the Athlete has been Provisionally Suspended. Once a violation of these Anti-Doping Rules has been established, it shall be publicly reported within 20 days. The IJF or its National Federation must also report within 20 days appeal decisions on an anti-doping rule violation. The IJF shall also, within the time period for publication, send all decisions to WADA.

14.4.2 In any case where it is determined, after a hearing or appeal, that the Athlete or other Person did not commit an anti-doping rule violation, the decision may be disclosed publicly only with the consent of the Athlete or other Person who is the subject of the decision. The IJF or its National Federation shall use reasonable efforts to obtain such consent, and if consent is obtained, shall publicly disclose the decision in its entirety or in such redacted form as the Athlete or other Person may approve.

14.4.3 Neither the IJF nor its National Federation or WADA accredited laboratory, or official of either, shall publicly comment on the specific facts of a pending case (as opposed to general description of process and science) except in response to public comments attributed to the Athlete, other Person or their representatives.

#### 14.5 Recognition of Decisions by the IJF

Any decision of the IJF or a National Federation regarding a violation of these Anti-Doping Rules shall be recognized by all National Federations, which shall take all necessary action to render such results effective.

### ARTICLE 15 RECOGNITION OF DECISIONS BY OTHER ORGANISATIONS

15.1 The Athletes from the IJF RTP are the IJF responsibility.

International level Athletes but not IJF RTP are under the jurisdiction of the Unions.

#### 15.2 Mutual Recognition

15.2.1 Subject to the right to appeal provided in Article 13, Testing, therapeutic use exemptions and hearing results or other final adjudications of the Signatory which are



consistent with the Code and are within that Signatory's authority, shall be recognized and respected by all other Signatories.

15.2.2 Signatories shall recognize the same actions of other bodies which have not accepted the Code if the rules of those bodies are otherwise consistent with the Code.

## ARTICLE 16 STATUTE OF LIMITATIONS

No action may be commenced under these Anti-Doping Rules against an Athlete or other Person for a violation of an anti-doping rule contained in these Anti-Doping Rules unless such action is commenced within eight years from the date the violation occurred.

## ARTICLE 17 IJF COMPLIANCE REPORTS TO WADA

The IJF will report to WADA on the IJF's compliance with the Code every second year and shall explain reasons for any noncompliance.

## ARTICLE 18 AMENDMENT AND INTERPRETATION OF ANTI-DOPING RULES

18.1 These Anti-Doping Rules may be amended from time to time by the IJF Executive Committee.

18.2 Except as provided in Article 18.5, these Anti-Doping Rules shall be interpreted as an independent and autonomous text and not by reference to existing law or statutes.

18.3 The headings used for the various Parts and Articles of these Anti-Doping Rules are for convenience only and shall not be deemed part of the substance of these Anti-Doping Rules or to affect in any way the language of the provisions to which they refer.

18.4 The INTRODUCTION, the Annex A, B and C and the APPENDIX 1 – DEFINITIONS and APPENDIX 2 shall be considered integral parts of these Anti-Doping Rules.

18.5 These Anti-Doping Rules have been adopted pursuant to the applicable provisions of the Code and shall be interpreted in a manner that is consistent with applicable provisions of the Code.

The comments annotating various provisions of the Code may, where applicable, assist in the understanding and interpretation of these Anti-Doping Rules.

18.6 Notice to an Athlete or other Person who is a member of a National Federation will be accomplished by delivery through the National Federation.



18.7 These Anti-Doping Rules shall come into full force and effect on 1 January 2009 (the “Effective Date”). They shall not apply retrospectively to matters pending before the Effective Date; provided, however, that:

18.7.1 Any case pending prior to the Effective Date, or brought after the Effective Date based on an anti-doping rule violation that occurred prior to the Effective Date, shall be governed by the predecessor to these Anti-Doping Rules in force at the time of the antidoping rule violation, subject to any application of the principle of *lex mitior* by the hearing panel determining the case.

18.7.2 Any Article 2.4 whereabouts violation (whether a filing failure or a missed test) declared by the IJF under rules in force prior to the Effective Date that has not expired prior to the Effective Date and that would qualify as a whereabouts violation under Article 11 of the International Standard for Testing shall be carried forward and may be relied upon, prior to expiry, as one of the three Filing Failures and/or Missed Tests giving rise to an antidoping rule violation under Article 2.4 of these Anti-Doping Rules” unless otherwise stated by the IJF, however:”

- a. filing failure that is carried forward in this manner may only be combined with (post-Effective Date) Filing Failures;
- b. a missed test that is carried forward in this manner may only be combined with (post-Effective Date) Missed Tests; and
- c. a filing failure or missed test declared by any Anti-Doping Organization other than the IJF and a National Federation prior to the Effective Date may not be combined with any Filing Failure or Missed Test declared under these Anti-Doping Rules.

18.7.3 Where a period of Ineligibility imposed by the IJF under rules in force prior to the Effective Date has not yet expired as of the Effective Date, the Person who is Ineligible may apply to the IJF for a reduction in the period of Ineligibility in light of the amendments made to the Code as from the Effective Date. To be valid, such application must be made before the period of Ineligibility has expired.

18.7.4 Subject always to Article 10.7.5, anti-doping rule violations committed under rules in force prior to the Effective Date shall be taken into account as prior offences for purposes of determining sanctions under Article 10.7. Where such pre-Effective Date anti-doping rule violation involved a substance that would be treated as a Specified Substance under these Anti-Doping Rules, for which a period of Ineligibility of less than two years was imposed, such violation shall be considered a Reduced Sanction violation for purposes of Article 10.7.1.

## APPENDIX 1 - DEFINITIONS

- Adverse Analytical Finding. A report from a laboratory or other approved Testing entity that identifies in a Sample the presence of a Prohibited Substance or its Metabolites or Markers (including elevated quantities of endogenous substances) or evidence of the Use of a Prohibited Method.
- Anti-Doping Organization. A Signatory that is responsible for adopting rules for initiating, implementing or enforcing any part of the Doping Control process. This



includes, for example, the International Olympic Committee, the International Paralympic Committee, other Major Event Organizations that conduct Testing at their Events, WADA, International Federations, and National Anti-Doping Organizations.

- Athlete. Any Person who participates in sport at the international level (as defined by each International Federation), the national level (as defined by each National Anti-Doping Organization, including but not limited to those Persons in its Registered Testing Pool), and any other competitor in sport who is otherwise subject to the jurisdiction of any Signatory or other sports organization accepting the Code. All provisions of the Code, including, for example, Testing, and TUE's must be applied to international and national-level competitors. Some National Anti-Doping Organizations may elect to test and apply antidoping rules to recreational-level or masters competitors who are not current or potential national caliber competitors. National Anti-Doping Organizations are not required, however, to apply all aspects of the Code to such Persons. Specific national rules may be established for Doping Control for noninternational-level or national-level competitors without being in conflict with the Code. Thus, a country could elect to test recreational-level competitors but not require TUE's or whereabouts information. In the same manner, a Major Event Organization holding an Event only for masters-level competitors could elect to test the competitors but not require advance TUE or whereabouts information. For purposes of Article 2.8 (Administration or Attempted Administration) and for purposes of anti-doping information and education, any Person who participates in sport under the authority of any Signatory, government, or other sports organization accepting the Code is an Athlete.
- Athlete Support Personnel. Any coach, trainer, manager, agent, team staff, official, medical, paramedical personnel, parent or any other Person working with, treating or assisting an Athlete participating in or preparing for sports Competition.
- Attempt. Purposely engaging in conduct that constitutes a substantial step in a course of conduct planned to culminate in the commission of an anti-doping rule violation. Provided, however, there shall be no anti-doping rule violation based solely on an Attempt to commit a violation if the Person renounces the attempt prior to it being discovered by a third party not involved in the Attempt.
- Atypical Finding. A report from a laboratory or other WADA-approved entity which requires further investigation as provided by the International Standard for Laboratories or related Technical Documents prior to the determination of an Adverse Analytical Finding.
- CAS. The Court of Arbitration for Sport.
- Code. The World Anti-Doping Code.
- Competition. Competition and Event will be as provided in the rules of the International Judo Federation, competition by weight categories, Open Categories, Team Championships.



- Consequences of anti-doping rule violations. An Athlete's or other Person's violation of an anti-doping rule may result in one or more of the following: (a) Disqualification means the Athlete's results in a particular Competition or Event are invalidated, with all resulting consequences including forfeiture of any medals, points and prizes; (b) Ineligibility means the Athlete or other Person is barred for a specified period of time from participating in any Competition or other activity or funding as provided in Article 10.9; and (c) Provisional Suspension means the Athlete or other Person is barred temporarily from participating in any Competition prior to the final decision at a hearing conducted under Article 8 (Right to a Fair Hearing).
- Disqualification. See Consequences of anti-doping rule violations, above.
- Doping Control. All steps and processes from test distribution planning through to ultimate disposition of any appeal including all steps and processes in between such as provision of whereabouts information, sample collection and handling, laboratory analysis, TUE's, results management and hearings.
- Event. A series of individual Competitions conducted together under one ruling body (e.g., the Olympic Games, FINA World Championships, or Pan American Games).
- Event Period. The time between the beginning and end of an Event, as established by the ruling body of the Event.
- In-Competition. Unless provided otherwise in the rules of an International Federation or other relevant Anti-Doping Organization, "In-Competition" means the period commencing twelve hours before a Competition in which the Athlete is scheduled to participate through the end of such Competition and the Sample collection process related to such Competition.
- Independent Observer Program. A team of observers, under the supervision of WADA, who observe and may provide guidance on the Doping Control process at certain Events and report on their observations.
- Individual Sport. Any sport that is not a Team Sport.
- Ineligibility. See Consequences of Anti-Doping Rule Violations above.
- International Event. An Event where the International Olympic Committee, the International Paralympic Committee, an International Federation, a Major Event Organization, or another international sport organization is the ruling body for the Event or appoints the technical officials for the Event.
- International-Level Athlete. Athletes designated by one or more International Federations as being within the Registered Testing Pool for an International Federation.
- International Standard. A standard adopted by WADA in support of the Code. Compliance with an International Standard (as opposed to another alternative standard, practice or procedure) shall be sufficient to conclude that the procedures addressed by the International Standard were performed properly. International Standards shall include any Technical Documents issued pursuant to the International Standard.



- IJF: International Judo Federation.
- Major Event Organizations. The continental associations of National Olympic Committees and other international multi-sport organizations that function as the ruling body for any continental, regional or other International Event.
- Marker. A compound, group of compounds or biological parameter(s) that indicates the Use of a Prohibited Substance or Prohibited Method.
- Metabolite. Any substance produced by a biotransformation process.
- Minor. A natural Person who has not reached the age of majority as established by the applicable laws of his or her country of residence.
- National Anti-Doping Organization. The entity(ies) designated by each country as possessing the primary authority and responsibility to adopt and implement anti-doping rules, direct the collection of Samples, the management of test results, and the conduct of hearings, all at the national level. This includes an entity which may be designated by multiple countries to serve as regional Anti-Doping Organization for such countries. If this designation has not been made by the competent public authority(ies), the entity shall be the country's National Olympic Committee or its designee.
- National Event. A sport Event involving international or national-level Athletes that is not an International Event.
- National Federation. A national or regional entity which is a member of or is recognized by the IJF as the entity governing the IJF's sport in that nation National Olympic Committee. The organization recognized by the International Olympic Committee. The
- term National Olympic Committee shall also include the National Sport Confederation in those countries where the National Sport Confederation assumes typical National Olympic Committee responsibilities in the anti-doping area.
- No Advance Notice. A Doping Control which takes place with no advance warning to the Athlete and where the Athlete is continuously chaperoned from the moment of notification through Sample provision.
- No Fault or Negligence. The Athlete's establishing that he did not know or suspect, and could not reasonably have known or suspected even with the exercise of utmost caution, that he had Used or been administered the Prohibited Substance or Prohibited Method.
- No Significant Fault or Negligence. The Athlete's establishing that his fault or negligence, when viewed in the totality of the circumstances and taking into account the criteria for No Fault or Negligence, was not significant in relationship to the anti-doping rule violation.
- Olympic Movement Medical Code. It complements and reinforces the World Anti-Doping Code and reflects the general principles recognized in the international codes of medical ethics.
- Out-of-Competition. Any Doping Control which is not In-Competition.
- Participant. Any Athlete or Athlete Support Personnel.



- Person. A natural Person or an organization or other entity.
- Possession. The actual, physical possession, or the constructive possession (which shall be found only if the person has exclusive control over the Prohibited Substance/Method or the premises in which a Prohibited Substance/Method exists); provided, however, that if the person does not have exclusive control over the Prohibited Substance/Method or the premises in which a Prohibited Substance/Method exists, constructive possession shall only be found if the person knew about the presence of the Prohibited Substance/Method and intended to exercise control over it. Provided, however, there shall be no anti-doping rule violation based solely on possession if, prior to receiving notification of any kind that the Person has committed an anti-doping rule violation, the Person has taken concrete action demonstrating that the Person never intended to have possession and has renounced possession by explicitly declaring it to an Anti-Doping Organization. Notwithstanding anything to the contrary in this definition, the purchase (including by any electronic or other means) of a Prohibited Substance or Prohibited Method constitutes possession by the Person who makes the purchase.
- Prohibited List. The List identifying the Prohibited Substances and Prohibited Methods.
- Prohibited Method. Any method so described on the Prohibited List.
- Prohibited Substance. Any substance so described on the Prohibited List.
- Provisional Hearing. For purposes of Article 7.6, an expedited abbreviated hearing occurring prior to a hearing under Article 8 (Right to a Fair Hearing) that provides the Athlete with notice and an opportunity to be heard in either written or oral form.
- Provisional Suspension. See Consequences above.
- Publicly Disclose or Publicly Report. To disseminate or distribute information to the general public or persons beyond those persons entitled to earlier notification in accordance with Article 14.
- Registered Testing Pool. The pool of top level Athletes established separately by each International Federation and National Anti-Doping Organization who are subject to both In-Competition and Out-of-Competition Testing as part of that International Federation's or National Anti-Doping Organization's test distribution plan.
- Retroactive TUE. As defined in the International Standard for Therapeutic Use Exemptions.
- Sample. Any biological material collected for the purposes of Doping Control.
- Signatories. Those entities signing the Code and agreeing to comply with the Code, including the International Olympic Committee, International Federations, International Paralympic Committee, National Olympic Committees, National Paralympic Committees, Major Event Organizations, National Anti-Doping Organizations, and WADA.
- Specified Substances. As defined in Article 4.2.2.



- Substantial Assistance. For purposes of Article 10.5.3, a Person providing Substantial Assistance must: (1) fully disclose in a signed written statement all information he possesses in relation to anti-doping rule violations, and (2) fully cooperate with the investigation and adjudication of any case related to that information, including, for example, presenting testimony at a hearing if requested to do so by an Anti-Doping Organization or hearing panel. Further, the information provided must be credible and must comprise an important part of any case which is initiated or, if no case is initiated, must have provided a sufficient basis on which a case could have been brought.
- Tampering. Altering for an improper purpose or in an improper way; bringing improper influence to bear; interfering improperly; obstructing, misleading or engaging in any fraudulent conduct to alter results or prevent normal procedures from occurring; or providing fraudulent information to an Anti-Doping Organization.
- Target Testing. Selection of Athletes for Testing where specific Athletes or groups of Athletes are selected on a non-random basis for Testing at a specified time.
- Team Sport. A sport in which the substitution of players is permitted during a Competition.
- Testing. The parts of the Doping Control process involving test distribution planning, Sample collection, Sample handling, and Sample transport to the laboratory.
- Trafficking. Selling, giving, transporting, sending, delivering or distributing a Prohibited Substance or Prohibited Method (either physically or by any electronic or other means) by an Athlete, Athlete Support Personnel or any other Person subject to the jurisdiction of an Anti-Doping Organization to any third party; provided, however, this definition shall not include the actions of bona fide medical personnel involving a Prohibited Substance used for genuine and legal therapeutic purposes or other acceptable justification, and shall not include actions involving Prohibited Substances which are not prohibited in Out-of-Competition Testing unless the circumstances as a whole demonstrate such Prohibited Substances are not intended for genuine and legal therapeutic purposes.
- TUE. As defined in Article 2.6.1.
- TUE Panel: The IJF Medical Commission, as defined for the purposes of Article 4.4.5.
- UNESCO Convention. The International Convention against Doping in Sport adopted by the 33rd session of the UNESCO General Conference on 19 October 2005 including any and all amendments adopted by the States Parties to the Convention and the Conference of Parties to the International Convention against Doping in Sport.
- Union. The IJF is composed of National Federations officially represented by five Continental Unions within their respective zone of activities (Africa, Asia, Europe, Oceania and Pan America)



- Use. The utilization, application, ingestion, injection or consumption by any means whatsoever of any Prohibited Substance or Prohibited Method.
- WADA. The World Anti-Doping Agency.

## APPENDIX 2 - Acknowledgment and Agreement

I, as a member of National Judo Federation and a participant in an IJF authorized or recognized event, hereby acknowledge and agree as follows:

1. I consent and agree to comply with and be bound by all of the provisions of the IJF Anti-Doping Rules, including but not limited to, all amendments to the Anti-Doping Rules and all International Standards incorporated in the Anti-Doping Rules.
2. I acknowledge and agree that IJF has jurisdiction to impose sanctions as provided in the IJF Anti-Doping Rules.
3. I also acknowledge and agree that any dispute arising out of a decision made pursuant to the IJF Anti-Doping Rules, after exhaustion of the process expressly provided for in the IJF Anti-Doping Rules, may be appealed exclusively as provided in Article 13 of the IJF Anti-Doping Rules to an appellate body for final and binding arbitration, which in the case of International-Level Athletes is the Court of Arbitration for Sport.
4. I acknowledge and agree that the decisions of the arbitral appellate body referenced above shall be final and enforceable, and that I will not bring any claim, arbitration, lawsuit or litigation in any other court or tribunal.

## ANNEX A

I, \_\_\_\_\_, accept the result of the Sample A and I do not request to analyze the Sample B. I understand that in this way I accept that I committed an anti-doping rule violation. I know that I have the right for hearing by the IJF Medical Commission no later than \_\_\_\_\_.

Athlete Information:

Athlete Name:	Athlete Signature:
Date signed:	Place signed (city&country)

Witness Information:

\*Please note that this document must be signed by a witness who is at least 18 years old for the minor athlete.

Witness name:	Witness Signature:
Date signed:	Place signed (city&country)
Witness mailing address:	Witness phone number:

Completed form must be returned by email and registered mail until \_\_\_\_\_, to:



- **József Attila str 1.  
1051 Budapest  
Hungary**
- **president@ijf.org**

## ANNEX B

I, \_\_\_\_\_, request to analyze the Sample B.

I know that if the result of the Sample B will be the same with the Sample A, I committed an anti-doping rule violation and I must pay for analyze of the Sample B.

I know that I have the right to observe the B analysis by myself or my representative, on my expense.

The day of the B analysis have to be agreed with the LABORATORY and IJF no later then \_\_\_\_\_.

IJF has also the possibility to send an observer to laboratory.

Athlete Information:

Athlete Name:	Athlete Signature:
Date signed:	Place signed (city&country)

Witness Information:

\*Please note that this document must be signed by a witness who is at least 18 years old for the minor athlete.

Witness name:	Witness Signature:
Date signed:	Place signed (city&country)
Witness mailing address:	Witness phone number:

Completed form must be returned by email and registered mail until \_\_\_\_\_, to:

- **József Attila str 1.  
1051 Budapest  
Hungary**
- **president@ijf.org**

## ANNEX C

### **To the Doping Control Laboratory**

**Please, send the results of the Doping Tests (positive and / or negative) only and directly to the following addresses within fourteen (14) days:**



**Mr. Marius L. Vizer**  
**President of the International Judo Federation**  
**Joszef Atilla U. 1, 1051 Budapest, Hungary**  
**Tel. +3 61 302 7270**  
**Fax. +361 302 7271**  
**[president@ijf.org](mailto:president@ijf.org)**